



Agreement for Postpartum Doula Services
Belly to Babies, LLC
Caroline Moran, MPH, ICCE, PCD (NAPS, DONA)
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This agreement is between Caroline Moran (Doula) and ___(clients) for the purpose of providing postpartum doula care.

The Doula will be available for up to ___ hours/week, at the rate of \$75/hour.

The clients agree to engage the Doula for a minimum of ___ hours (including any hours covered by a substitute), beginning upon their arrival home from the hospital or birth center, on or around __, 2026, and according to the following tentative schedule:

Clients agree to inform the Doula of the birth of their baby and confirm precise dates and times when doula services will begin.

Clients have provided the Doula a non-refundable Retainer of \$___ to be applied to the last week(s) of work. Our commitment is expected to continue for ___ weeks at ___ daytime hours per week. Once work has begun, payment is due weekly, on the last day of work for each week. Payment may be made by check (payable to Belly to Babies, LLC), by Zelle (to Caroline@BellytoBabies.com) or by Venmo (to @DoulaCaroline).

Clients may contact the Doula by email, text, or telephone between scheduled visits if necessary, and all interactions between Clients and Doula –whether in-person or via electronic means - are considered billable time once this contract is signed. Payment for any hours covered by a substitute or back-up Doula will be paid directly to the Doula who has provided services.

Each scheduled shift shall be for a minimum of 4 hours. Notice of change or cancellation of any scheduled hours/shifts by either party must be made 24 hours prior to the start of that shift. If the client cancels after that time, the client agrees to pay the Doula for the time scheduled. Should the client wish to extend this commitment beyond the time frame noted above, new hours and services will be discussed and agreed upon, and this contract amended. The doula and clients agree that regardless of extension, all services will be completed within 6 months of the birth of the client's baby. If the client wishes to discontinue the agreement, 48 hours' notice will be given, and any unapplied retainer amount will be forfeited.

Standard exclusions to doula services are:

The Doula does not diagnose medical conditions or provide medical or clinical advice or procedures.

The Doula does not administer medication.

The Doula is an independent contractor, not an employee of the clients, and all payroll taxes, social security, workers' compensation insurance, and liability insurance are the responsibility of the Doula.

Video and Audio Surveillance Policy:

Doula agrees to the use of baby monitors, nanny cameras or other surveillance devices in the home, provided the locations of such devices have been disclosed in advance of use and provided there are no cameras in areas of the home with a reasonable expectation of privacy, including but not limited to: household bathrooms, private bedroom, private closet.

Doula will consider using undisclosed nanny cams, hidden cameras, or other surveillance devices a breach of this agreement and may choose to leave the position immediately. Liquidated damages shall be charged in the reasonable amount of the full Anticipated Agreement Value, to be offset by the non-refundable Retainer.

Clients may not share, display, or distribute to others recordings of Doula captured on such surveillance devices without express written consent of Doula. Clients will disclose storage locations and timelines of recordings with Doula upon request.

Communicable Disease Policies:

The Doula and clients agree to abide by current health best practices regarding precautions to prevent the spread of Covid-19, flu, RSV and other communicable diseases to each other and within the community. Additional precautions may be requested by either party and will be agreed upon in advance. If and when guidelines change, the Doula and the clients agree to discuss changes in recommendations and alter their practices upon mutual agreement. As of the signing of this document, the Doula and clients agree to the following:

- The Doula will self-screen for symptoms and be free of fever (100.0 or greater) and any respiratory symptoms 24 hours before providing in-person support.
- The Doula will remove shoes and wash hands immediately upon entering the clients' home, and wash hands frequently as appropriate throughout each visit.
- The Doula, clients, and any eligible household members will be up to date on recommended Covid, TDaP, flu, and any other vaccinations recommended by the [West Coast Health Alliance](#) and [American Academy of Pediatrics](#) (including childhood vaccines in the case of older children in the home).
- The Doula will wear a mask when in the clients' home, and any non-household members will wear masks when in the same room with the Doula, regardless of vaccination status.
- If the Doula is sick, she will attempt to find a back-up Doula for in-person support or provide remote/virtual support through a reliable remote/virtual platform that works well for the client. Alternatively, the clients may choose to reschedule visits for when the Doula recovers.
- If the clients, infant, or anyone else in the home is sick or actively symptomatic (fever of 100.0 or greater and showing signs of respiratory infection) within the previous 24 hours, clients must notify the Doula and she may provide remote/virtual support instead of in-person support. All parties will follow medical advice regarding the timing of return to in-person support. Alternatively, the clients may choose to reschedule visits for when they recover.
- In the case of remote/virtual support, there is no minimum visit time.
- Doula and clients will discuss this section approximately one month prior to the expected beginning date of service to confirm these policies or amend them as appropriate.

Inclement Weather Policy

The Doula will make every effort to travel safely to the clients' home in the case of hazards due to weather events. Such hazards include, but are not limited to, snow, icy roads, downed trees, and power outages. If school is cancelled or delayed in either the Doula's or clients' home school district during a scheduled shift, Doula will contact clients prior to traveling to such shift to discuss travel safety. If the Doula concludes that travel is not safe, the Doula may provide remote/virtual support instead of in-person support. Alternatively, the clients may choose to reschedule visits when travel becomes safe; no cancellation penalty shall apply in this case. Doula and clients will prioritize the safety of all parties.

By signing this contract, we acknowledge and agree with the above statements:

Client

Date

Client

Date

Doula

Date