



Agreement for Postpartum Doula Services
Belly to Babies, LLC
Caroline Moran, MPH, ICCE, PCD (NAPS, DONA)
PO Box 3171, Kirkland, WA 98083
206-390-4377 www.BellytoBabies.com

This agreement is between Caroline Moran (Doula) and _____ (clients) for the purpose of providing postpartum doula care.

The Doula will be available for up to ____ hours/week, at the rate of \$60/hour.

The clients agree to engage the Doula for a minimum of ____ hours, beginning upon their arrival home from the hospital or birth center, on or around _____, and according to the following tentative schedule:

Clients agree to inform the Doula of the birth of their baby and confirm precise dates and times when doula services will begin.

Clients have provided the Doula a non-refundable deposit of \$____ (made payable to Belly to Babies, LLC) to be applied to the last weeks of work. Our commitment is expected to continue for ____ weeks at _____ daytime hours per week. Once work has begun, payment is due weekly, on the last day of work for each week. Payment may be made by check (payable to Belly to Babies, LLC), by Zelle (to Caroline@BellytoBabies.com) or by Venmo (to @DoulaCaroline). Payment for any hours covered by a substitute or back-up Doula will be paid directly to the Doula who has provided services.

Notice of change or cancellation of any scheduled hours/shifts by either party must be made 24 hours prior to the start of that shift. If the client cancels after that time, the client agrees to pay the Doula for the time scheduled. Should the client wish to extend this commitment beyond the time frame noted above, new hours and services will be discussed and agreed upon, and this contract amended. If either party wishes to discontinue the agreement, 48 hours' notice will be given.

Standard exclusions to doula services are:

The Doula does not diagnose medical conditions or provide medical or clinical advice or procedures.

The Doula does not administer medication.

The Doula is an independent contractor, not an employee of the clients, and all payroll taxes, social security, workers' compensation insurance, and liability insurance are the responsibility of the Doula.

Communicable Disease Policies:

The Doula and clients agree to abide by current local and federal health guidelines regarding precautions to prevent the spread of Covid-19, flu, RSV and other communicable diseases both to each other and within the community. Additional precautions may be requested by either party and will be agreed upon in advance. If and when guidelines change, the Doula and the clients agree to discuss changes in recommendations and alter their practices upon mutual agreement. As of the signing of this document, the Doula and clients agree to the following:

- The Doula will self-screen for symptoms and be free of fever (100.0 or greater) and any respiratory symptoms 24 hours before providing in-person support.

- The Doula will remove shoes and wash hands immediately upon entering the clients' home, and wash hands frequently as appropriate throughout each visit.
- The Doula, clients, and any visiting adults in the home will wear masks when in the same room with one another, regardless of vaccination status.
- If the Doula is sick, she will attempt to find a back-up Doula for in-person support or provide remote/virtual support through a reliable remote/virtual platform that works well for the client.
- If the client or anyone else in the home is sick or actively symptomatic (fever of 100.0 or greater, and showing signs of respiratory infection) within the previous 24 hours, the Doula may provide remote/virtual support instead of in-person support and will follow medical advice regarding the timing of return to in-person support.
- Doula and clients will discuss this section approximately one month prior to the expected beginning date of service to confirm these policies or amend as appropriate.

By signing this contract, we acknowledge and agree with the above statements:

Client

Date

Client

Date

Doula

Date